

MSSC NEWS

Oct. 1 meeting features telemed focus, chance to explore new library



WHEN: 6 p.m. to 7:30 p.m. Tuesday, Oct. 1

WHERE: Wichita Advanced Learning Library, 711 W. 2nd. Entrance/parking on west side of building

RSVP: by Wednesday, Sept. 26. Call 683-7558, email denisephillips@med-soc.org

FEATURING: Learn about telemedicine – and Wichita's new library as well. KMS' Rachele Colombo will provide an overview of what Kansas' new law does and doesn't do. Dr. Elisha Yaghmai of Freestate Health will offer advice for doctors considering adding telemedicine to their practices, while Dr. Justin Moore will discuss another telemed opportunity: consultations with other physicians. Also, library director Cynthia Berner will tell about the new facility.

COST: \$10, drinks and a light supper provided by Revere.



September
2018



MSSC President Dr. Jed Delmore made introductions.

DOCTOR-LAWYER MIXER

Physicians and attorneys came out Sept. 13

for a joint mixer of WD40, the MSSC's new group for young doctors, and the Wichita Bar

Association's young lawyers group. The

event, held at Hinkle Law Firm's office at the Waterfront, provided an opportunity to socialize and network.

WD<40
Wichita Docs Under 40



Matt Spahn, left, of Martin Pringle with Dr. Christina Nicholas and Dr. Andrew Hentzen.



Drs. Laura Mayans and Rebecca Foster.



OB/GYN residents Charis Noteboom, Carla Burford and Rachna Gulati.

Physicians
who care for ...
our patients,
our community,
and our profession.

MSSC
MEDICAL SOCIETY of
SEDGWICK COUNTY

www.mssconline.org
1102 S. Hillside
Wichita, KS 67211
(316) 683-7557

MSSC program delivers travel, entertainment and business deals

Membership in the MSSC has many advantages: advocacy on behalf of the practice of medicine, networking and educational opportunities, initiatives to make Kansas a healthier place, and many more.

Now the Medical Society is offering members another benefit: discounts on hotels, car rentals, movies and other entertainment, and office supplies and tools.

Hotels: Via an exclusive booking platform, members save an average of about 25 percent on publicly available rates.

Entertainment: Discounts,



preferred seating and special offers are among the features, including reduced ticket prices

at Wichita's two movie theater chains, Regal and AMC.

Office Depot: Get up to 80 percent off list prices and receive rebates and free shipping on some orders.

Adobe Software: Want to tweak your pictures with Photoshop or design your own newsletter? Save \$100 on the Adobe Creative Cloud suite or get 13 percent off a subscription to Adobe Acrobat Pro DC and its powerful tools to create and share documents.

Go to the Medical Society's website, mssconline.org, to learn more and sign up.

September President's Message



by Jed Delmore, MD —

Risks and complications of treatment: infection, bleeding, kidney injury, death and *bankruptcy*.

As medical students we are taught early on about informed consent related a medical intervention or treatment. As care providers we relay all the pertinent information regarding the pros and cons of a proposed

therapy, and answer questions, so that the patient may make an informed decision to accept the proposed treatment or not.

Until relatively recently the toxicities were physical or emotional. The rapid and expensive impact of medical innovation and technology now places financial toxicity on par with the remaining adverse effects of therapy. Although this is true for all aspects of medicine, my personal interest is the oncology patient.

Innovations in surgery and radiation therapy have resulted in a progressive increase in cost to patients, though in a relatively predictable and linear manner. The medical treatment of cancer patients has progressively moved from broad-acting cytotoxic drugs to targeted therapies against specific proteins or molecular markers.

I will present two examples of the financial impact of newer cancer therapies. Prior to 2014, most previously healthy patients diagnosed with chronic lymphocytic leukemia (CLL) were treated with a three-drug combination for six months, with a cost range of \$60,000 to \$100,000. In 2014, ibrutinib and idelalisib were approved by the Federal Drug Administration for primary and recurrent CLL. Both drugs were recommended for primary therapy and recurrent disease until disease progression

A modern medical condition: fiscal toxicity

or significant toxicities develop. Both drugs are priced at about \$130,000 per year. On average those costs would apply annually over the four to five years of extended survival.

Last month, I met with a patient and her husband to discuss maintenance therapy following her second course of chemotherapy for recurrent ovarian cancer. A new class of drug called poly-ADP ribose polymerase (PARP) inhibitors has been approved for this indication. One of the drugs we discussed was priced at \$13,740 per month and could bring an additional five to 11 months of life. The manufacturer and her insurance company agreed to cover \$11,000 per month, leaving her with \$2,740 a month as a co-payment. According to the National Cancer Institute website, cancer patients and survivors report higher out-of-pocket medical expenses (greater than 20 percent of annual income) than individuals without cancer.

That brings us to the discussion of toxicity. As I discuss the physical, emotional and financial toxicity to a patient and her family, a new dynamic has developed. Previously, all the toxicity to be considered was borne by the patient. Now, as we discuss therapy options, the decision to leave one's family with tens of thousands of dollars in debt adds a new layer of decision-making for the patient and her family. What spouse would deny their partner the possibility of six more months of life? What woman would ask her children or spouse to risk bankruptcy for those six months?

Medical bankruptcy accounts for 67 percent of all U.S. family bankruptcy filings. Patients and families with cancer are 2.7 times more likely to file bankruptcy than families without cancer. The current cost of medical care, specifically cancer-related care, cannot continue this trend without fracturing families and moving financial toxicity ahead of the most feared physical toxicity for cancer patients and their families. We have become victims of our own scientific progress.

Walktober is bringing new type of prescriptions for exercise this year

This year the Medical Society is taking a new approach in its support for Walktober, an annual community-wide effort during October – and year round – to encourage people to accumulate 150 minutes of physical activity per week.

The CDC recommends that adults get at least that many minutes of physical activity each week, and walking is the easiest activity for patients to do.

In past years, paper prescription pads for exercise were mailed to doctors. This year, in partnership with the Kansas Academy of Family Physicians, a Walking Prescription can be accessed electronically and given to your patients to emphasize the importance of the health benefits

A Prescription for Walking form. It includes a patient name field, a large Rx symbol, and fields for 'Number of minutes' and 'Number of days per week'. Below these are instructions: 'Intensify: Sit a minute that is brisk enough that you can't sing, but not so fast that you can't talk while walking.' and 'STOP if you experience chest pain, shortness of breath or feel ill.' There is a 'Health Goals' section with a bulleted list: 'Reduce your risk of heart disease and stroke', 'Improve your blood pressure, blood sugar levels and blood lipid profile', 'Manage your weight', 'Improve your mood, energy and stamina', 'Reduce your risk of osteoporosis', 'Reduce your risk of (or manage) Type 2 diabetes', and 'Reduce your risk of breast and colon cancer'. A 'Resources' section lists: 'Blue Walk Wichita: www.bluewalkwichita.org', 'City of Wichita: www.wichita.gov/ParkandRecreation', 'Health & Wellness Coalition of Wichita: www.thewichita.org', 'Tix and fee programs: www.thewichita.org', and 'Walking Given: www.givewalking.com/walkingforwellness.org'.

of this simple activity. With this new version, the exercise prescription can be customized with a medical office's logo and practitioners also can integrate it into their own EMRs.

The electronic walking prescription can be found at can be found at mssconline.org, under the Publications tab at the right. Doctors can also encourage their patients to take part in Walktober's events; patients can register at <https://hwcwchita.org/events/view/49/walktober/>

Blood pressure webinar to be offered

Dr. Justin Moore, medical consultant to MSSC affiliate Health DICT, will offer a KDHE-sponsored webinar from noon to 1 p.m. Sept. 25 on using self-monitored blood pressure in a practice.

The webinar's goals included differentiating between self-monitored blood pressures and ambulatory blood pressure monitoring; possible workflows for self-monitoring into a practice, community resources for blood pressure checks, and team-based strategies for using the approach.

CME will be offered for the webinar. Register at: https://khconline.adobeconnect.com/selfmonitor/event/event_info.html

*The Medical Society of Sedgwick County is accredited by the Kansas Medical Society to provide continuing medical education for physicians. The Medical Society of Sedgwick County designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

New MSSC communications coordinator

Andi Atwater, a longtime communications professional and former Wichita Eagle reporter, is the new contracted communications coordinator for the MSSC. She works in health care as a communications coordinator for a local hospital and performs contracted communications work for non-profit health care-related organizations in the Wichita area. A graduate of Long Beach State, she is currently halfway through a master's program in business communications. Reach Andi at aatwater@live.com



Time to make nominations for Joe Meek leadership award

Nov. 1 is the deadline to make nominations for the 2018 Dr. Joe Meek Physician Leadership Award, which is intended to foster leadership among practicing physicians aged 40 years or younger and to develop future MSSC leaders.

Nominees should have the desire to develop their knowledge base and leadership skills by participating in local, state and national leadership-building events throughout the year. A commitment to making a significant leadership contribution to the practice of medicine is a key component to include in the nomination.

Submit nominations by contacting Denise Phillips at denisephillips@med-soc.org or 683-7558 for an application form. They're also available at mssconline.org, under the Publications tab at the right.

Dr. Braden Foster, DO, of Wichita Family Medicine Specialists, is the 2018 recipient of the award. The award honors former KU School of Medicine-Wichita dean Dr. Joe Meek and his career promoting organized medicine and medical education in Wichita and across Kansas.



Dr. Meek

Ebersole to be Wesley's assistant CMO

Dr. Lowell Ebersole will become Wesley Healthcare's first assistant chief medical officer in January, working alongside Dr. Francie Ekengren, chief medical officer.



Dr. Ebersole

"After performing a national search with many interviews, a Wichita hometown physician rose to the top of the potential candidates," Dr. Ekengren said in an email sharing the news with medical staff.

Dr. Ebersole went to medical school at Des Moines University-Osteopathic Medical Center and completed his family

medicine residency in Wichita. He practices with Sound Physicians.

"Many of us know Lowell as a hospitalist, both here at Wesley a number of years ago and currently at Via Christi in that same role," Dr. Ekengren said. "He has participated as a physician leader, both serving as president of a medical staff and as a lead in his group. ... I believe that he will be a tremendous fit at Wesley."

Strecker named regional president

Kevin Strecker has been named regional president for Ascension Healthcare's Wichita-area hospitals – Via Christi Hospital St. Francis, St. Joseph and St. Teresa; Via Christi Rehabilitation Hospital; and Via Christi Behavioral Health – making permanent a role he has been filling on an interim basis since May.

"Kevin is a hands-on leader who has a sincere interest in patients, physicians and staff and balances the need to perform financially with the needs of those seeking care and those providing it," said an email sent to staff by Ascension Senior Vice President Mike Mullins and other local leaders.

Strecker has held a variety of leadership roles, including senior administrator for Via Christi Hospital St. Teresa and then senior administrator for Via Christi Clinic.



Strecker

SAVE THE DATES

Final Friday with Project Access

What: With a Final Friday event and fund-raising art sale (Art for Access), Project Access will kick off its coming 20th anniversary and celebrate a milestone of reaching the \$200 million mark in donated health care and services.



Project Access
a community partnership

Where: 125 N. Market Building, just north of Douglas

When: 5:30 to 7 p.m. Oct. 26

More: This will be an informal event to honor those who helped Project Access reach this momentous milestone. A silent auction will be held for artwork, most of which has been done by medical professionals. Beer/Wine and hors d'oeuvres will be provided. A donation of \$25 is suggested.

WBCHC Innovation Summit

What: Wichita Business Coalition on Health Care, now part of the MSSC, will hold its 7th Annual Innovation Summit, where local business and health care leaders share and learn tools and strategies for improving health and care while reducing costs.



Wichita Business Coalition
on Health Care

When: Thursday, Nov. 1

More: Details and registration info coming soon at www.wbchc.com

ROSTER UPDATE

Keep your 2018 Roster current with this information:

CHANGES

Jesus E. Val Mejias, MD
Essential Health and Wellness
OFF: 425-3337 / FAX: 425-3799
1001 N Buckner St, Derby, 67037

ELEVATED TO ACTIVE

Fadi Al Muhaisen, MD
Christopher G. Baalman, MD
Joseph D. Baalman, MD
Nataliya Biskup, MD
Alexander J. Bollinger, MD
Venkata S. Boppana, MD
Daniel DeJong, MD
Zaher Fanari, MD
Christopher R. Halphen, DO
Benjamin Hawley, MD
Ali Jahansooz, MD
Anwar K. Jones, MD
Walter Kalu, MD
Kylee Levin, MD
Michael W. Matchette, MD
Adam McClure, MD
Larry D. Mitnaul, Jr, MD
Robert J. Murphy, MD
Philippe Nabbout, MD
Brooke L.W. Nesmith, MD

Aaron M. Nilhas, MD
Poornima Pandiyan, MD
Jonathan D. Pankow, MD
Devin Penny, DO
Katie Rosell, MD
Apeksha Sathyaprasad, MD
Tiffany Schwasinger-Schmidt, MD
Jonathan D. Scrafford, MD
Anis Toumeh, MD
David Truong, MD
Gaurav Tyagi, MD
Mohinder R. Vindhyaal, MD
Daniel E. Warren, MD
Priyank Yagnik, MD
Derek A. Young, MD
Joseph Zenisek, MD

RETIRED

Steven L. Zielke, MD - 8/1/18
David Miller, MD - 8/3/18
David Rosen, MD - 9/30/18

MEMBERSHIP

Members of the Society who know a good and sufficient reason why any of the following applicants are not eligible for membership are requested to communicate with the Medical Society of Sedgwick County, 683-7557

[BC] Board Certified [R] Residency [F] Accredited Fellowship
[AT] Additional Training [F*] Unaccredited Fellowship

ELECTED TO PROBATIONARY



Tasneem S. Alaqzam, MD

[BC] Family Medicine
KUSM-Wichita Pediatrics
OFF: 962-3100 / FAX: 962-3132
620 N Carriage Parkway, 67208

Medical education obtained at King Abdul Aziz Univ. 7/2006; Residency in Family Medicine at Texas Tech Univ 7/2014; Fellowship in Adolescent Medicine at Children's Hospital of Wisconsin 7/2017.



Mohammed F. Ali, MD

[BC] Pediatrics
[F] Pediatric Nephrology
Children's Mercy
OFF: 500-8900 / FAX: 816-302-9822
3243 E Murdock S-201, 67208

Medical education obtained at Mahatma Gandhi Memorial Medical College 3/2008; Residency in Pediatric Nephrology at Jackson Memorial Hospital 6/2015; Fellowship in Pediatrics at Univ of South Alabama 6/2018.



Jonathan D. Baalman, MD

[R] Family Medicine
Wesley Hospitalist
OFF: 962-3050
550 N Hillside, 67214

Medical education obtained at KUSM 5/2015; Residency in Family Medicine at Wesley Medical Center 6/2018.



Iskandar F. Barakat, MD

[F] Gastroenterology
[BC] Internal Medicine
Kansas Gastroenterology
OFF: 261-3130 / FAX: 261-3275
3121 N Webb Rd S-101, 67226

Medical education obtained at American Univ of Beirut 12/2008; Internship in Internal Medical at Staten Island Univ Hospital 6/2012; Residency in Gastroenterology at Staten Island Univ Hospital 6/2018.



Caitlin R. Chiles, MD

[BC] Family Medicine
Hunter Health Clinic
OFF: 262-2415 / FAX: 262-0138
527 N Grove, 67214

Medical education obtained at Univ. of Kansas School of Med-KC 5/2015; Residency in Family Medicine at KUSM 6/2018.



Rao V. Chundury, MD

[BC] Ophthalmology
Greene Vision Group
OFF: 721-2701 / FAX: 721-8612
3910 N Ridge Rd, 67205

Medical education obtained at Indiana Univ School of Med. 5/2010; Internship in Transitional Year at Indiana Univ of School Med 6/2011; Residency in Ophthalmology at St Louis Univ of Eye Institute 6/2014; Fellowship in Oculoplastics at Cleveland Clinic Eye Institute 7/2016.



Cindy Daugherty, MD

[BC] Pediatrics
KU Wichita Pediatrics
OFF: 962-3100 / FAX: 962-3132
620 N Carriage Parkway, 67208

Medical education obtained at KUSM-KC 5/1993; Residency in Pediatrics at Univ of Missouri 8/1996.



Jane N. Gitau, MD

[R] Internal Medicine
KUSM-Wichita
OFF: 293-1840
FAX: 855-487-3302
1001 N Minneapolis, 67214

Medical education obtained at Univ of Nairobi 2/2005; Internship in Internal Medicine at Provincial General Hospital 12/2006; Residency in Internal Medicine at Kenyatta National Hospital 8/2014; Residency in Internal Medicine at KUSM- Wichita 6/2018.



Christian A. Hourani, MD

[BC] Cardiovascular Disease
[BC] Internal Medicine
Cardiovascular Consultants of KS
OFF: 265-1308
FAX: 265-4480
9350 E 35th St N S-101, 67226

Medical education obtained at KUSM 5/2010; Internship in General Surgery at Boston Medical Center 6/2011; Residency in Internal Medicine at Banner Medical Center 6/2014; Fellowship in Cardiology at Banner Medical Center 7/2017; Fellowship in Interventional Cardiology at Aurora St Luke's Medical Center 6/2018.



Benjamin S. Kallenberger, DO

[R] Anesthesiology
Via Christi Clinic-Founders Circle
OFF: 613-4930
FAX: 613-4937
1947 Founders Circle, 67206

Medical education obtained at Oklahoma State Univ 5/2014; Internship in Internal Medicine at KUSM 6/2015; Residency in Anesthesiology at KUSM 6/2018.



Bethany J. King, MD

[BC] Otolaryngology
[F*] Plastic Surgery
Kansas Surgical Arts
OFF: 722-1333
FAX: 722-3085
3460 N Ridge Rd S-160, 67205

Medical education obtained at Louisiana State Univ 5/2004; Internship in General Surgery at Mayo Clinic 6/2005; Residency in Otolaryngology at Univ of Iowa 6/2009; Fellowship in Advanced Facial Plastic & Reconstructive Surgery at American Academy of Facial Plastic & Reconstructive Surgery.



Emmanuel R. Kwesiga, MD

[BC] Pediatrics
[F] Allergy & Immunology
Via Christi Clinic-Murdock
OFF: 689-9178
FAX: 689-9811
3311 E Murdock, 67208

Medical education obtained at Makerere Univ in Uganda 5/2009; Residency in Pediatrics at Bronx Lebanon Hospital 6/2016; Fellowship in Allergy & Immunology at SUNY Health Sciences 6/2018.

ELECTED TO PROBATIONARY (CONTINUED)



Cyrus M. Munguti, MD
[R] Internal Medicine
KUSM-Wichita Center for Internal
Medicine Hospitalist
Academic Office: 293-2650
Patient Care: 962-2212 / 1010 N Kansas, 67214
*Medical education obtained at Univ of Nairobi 8/2011;
Residency in Internal Medicine at KUSM 6/2018.*



Son T. Nguyen, DO
[R] Family Medicine
Premier Hospitalist of Kansas
OFF: 755-0144
FAX: 844-274-1204
100 S Market S-2C, 67202
*Medical education obtained at Edward Via College of
Osteopathic Med 5/2015; Residency in Family Medicine
at Smoky Hill Family Practice 6/2018.*



Vu T. Nguyen, DO
[R] Family Medicine
Via Christi Clinic
OFF: 609-4501
FAX: 636-4076
9211 E 21st St N, 67206
*Medical education obtained at KUSM-KC 5/2013;
Residency in Family Medicine at KUSM 7/2016.*



Emily A. O'Dell, DO
[R] Family Medicine
Via Christi Clinic-Derby
OFF: 789-8222
FAX: 651-2344
1640 E Tall Tree, 67037
*Medical education obtained at Oklahoma State
Univ 5/2015; Residency in Family Medicine at KUSM
7/2018.*



Simon P. Patton, MD
[BC] OBGYN
Via Christi Laborist
OFF: 636-1550
FAX: 636-1569
1515 S Clifton S-400, 67218
*Medical education obtained at KUSM 5/2011; Internship
in OBGYN at Mercy Hospital- St Louis 6/2012; Residency
in OBGYN at Mercy Hospital- St Louis 6/2015;
Fellowship in Female Pelvic Medicine & Reconstructive
at Univ of South Florida 6/2018.*



Sean R. Pyper, MD
[BC] Pediatrics
[F] Pediatric Hematology-Oncology
KUSM-Wichita Pediatrics
OFF: 962-2080
FAX: 962-2079
3243 E Murdock S-500, 67208
*Medical education obtained at Northwestern Univ 5/2012;
Residency in Pediatrics at Univ of Vermont 6/2015;
Fellowship in Oncology at Univ of Minnesota 6/2018.*



Wyssem A. Ramdani, MD
[BC] Internal Medicine
Via Christi-Neurology
OFF: 268-5000 / FAX: 291-4862
929 N St Francis, 67214
*Medical education obtained at Univ of Algiers 10/1995;
Residency in Internal Medicine at Woodhull Medical
Center 6/2003; Fellowship in Neurocritical Care at SUNY
Upstate Univ Hospital 6/2018.*



Thomas L. Sanders, Jr., MD
[F] Orthopaedic Sports Medicine
[R] Orthopaedic Surgery
Advanced Orthopaedic Associates
OFF: 631-1600 / FAX: 631-1673
2778 N Webb Rd, 67226
*Medical education obtained at Univ of Texas 5/2012;
Residency in Orthopaedic Surgery at Mayo Clinic 6/2017;
Fellowship in Sports Medicine at Mayo Clinic 7/2018.*



Brandon R. Scott, MD
[F] Orthopaedic Trauma
Advanced Orthopaedic Associates
OFF: 631-1600 / FAX: 631-1683
2778 N Webb Rd, 67226
*Medical education obtained at Medical College of
Georgia 5/2012; Residency in Orthopaedic Surgery
at Univ of South Alabama 6/2017; Fellowship in
Orthopaedic Trauma at Univ of Kentucky 7/2018.*



Paul R. Teran, MD
[R] Pediatrics
KUSM- Wichita Pediatric Hospitalists
OFF: 962-7422 / FAX: 962-7805
550 N Hillside Mail Stop 853, 67214
*Medical education obtained at KUSM 5/2015; Residency
in Pediatrics at Univ of Texas Southwestern 6/2018.*



Cameron E. West, MD
[BC] Dermatology
West Wichita Family Physicians
OFF: 721-4544
FAX: 721-8307
8200 W Central, 67212
*Medical education obtained at KUSM 5/2009; Residency
in Internal Medicine at KUSM 6/2010; Residency in
Dermatology at Texas Tech 6/2016.*



Margaret Yoder, DO
[BC] Family Practice
Park City Family Medicine
OFF: 440-4466
1755 E 61st St N, Park City, 67219
*Medical education obtained at Edward Via College of
Osteopathic Medicine 5/2014; Residency in Family
Medicine at St Luke's Univ Health Network 6/2017.*



Sylvester T. Youlo, MD
Via Christi Clinic-Founders Circle
OFF: 613-4640
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*Medical education obtained at Wright State Univ 5/2010;
Residency in Orthopaedics at Wisconsin Medical School
6/2015; Fellowship in Sports Medicine at Univ of
Kentucky 7/2016.*

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MEDICAL SOCIETY of SEDGWICK COUNTY 1102 South Hillside • Wichita, KS 67211
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