

MSSC NEWS

For National Doctors' Day, the 'doctor was in' at 5 local high schools



MSSC President Dr. Jed Delmore told Northeast Magnet students about his path to medicine and about robotic surgery.

Sending MSSC members into local schools to mark National Doctors' Day gives physicians a chance to share their passion for practicing medicine while providing students a better idea of what it takes to become – and then be – a doctor.

Students asked about and heard of the years and hard work that go into joining the profession; that dance, theater and English majors get into medical school; that you don't need to be a math whiz; and that you can have a life and be a doctor, too.

They also heard doctors share how practicing medicine was a calling, with family physician Dr. Steere's "I get invited into people's lives, and that's why I became a doctor" reflecting a recurring theme.

This year Dr. Steere and 13 other



Dr. Diane Steere shared her love of family medicine with students at Independent School.

physicians – Kent Bradley, Paul Callaway, Anita Campbell, Jed Delmore, Braden Foster, Dee Lochmann, Matthew Macaluso, David Miller, Justin Moore, Randall Morgan, Barry Murphy, Ragnar Peterson and

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April 2018

MSSC MEMBERS MEETING

OPIOIDS: A CLOSER LOOK

OPIOIDS, prescription or otherwise, are all over the news. Insurers and regulators are discussing prescribing limits, and looking to doctors for solutions and, at times, to blame.

So, how extensive is the problem in Kansas? What are the state of Kansas and health care organizations doing? What role does K-TRACS play in this issue? And, most importantly, how can doctors continue to serve the legitimate pain needs of patients?

At this May 1 panel discussion, gain a Kansas perspective from MSSC members:

- **Dr. Greg Lakin**, KDHE's chief medical officer and an experienced pain physician



- **Dr. Joe Davison**, a member of the K-TRACS advisory board
- **Dr. Daniel Warren**, a substance abuse specialist on the KUSM-Wichita faculty

The event includes a meal of steak and salmon and a free bar. Join your colleagues and earn **CME*** while you learn.

WHEN: Tuesday, May 1. Social time 6 p.m.; dinner 6:30; program 7-8 p.m.

WHERE: Distillery 244 @ 244 N. Mosley in Old Town **COST:** \$10

RSVP: by Friday, April 27. Call 683-7558 or email denisephillips@med-soc.org

EVENT SPONSORS: Aetna • Blue Cross and Blue Shield of Kansas • Fieldview at Holland Sunflower Health Plan • Via Christi Health

* The Medical Society of Sedgwick County is accredited by the Kansas Medical Society to provide continuing medical education for physicians.

The Medical Society of Sedgwick County designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians
who care for ...
our patients,
our community,
and our profession.

MSSC
MEDICAL SOCIETY of
SEDGWICK COUNTY

www.mssconline.org
1102 S. Hillside
Wichita, KS 67211
(316) 683-7557

April President's Message



by Jed Delmore, MD —

He is only *MOSTLY* dead. Not *ALL* dead.”

I apologize if you are unfamiliar with “The Princess Bride,” in my opinion one of the most quotable movies in the memorable past.

In one scene, the Dread Pirate Roberts, aka Westley, has been tortured and is presumed dead by his companions. They take him to Miracle Max (Billy Crystal) in hopes of a miracle to bring him back to life. Max goes on to explain the difference between mostly dead and all dead.

Westley has no say in the matter. Everything that transpires is decided by his friends and Miracle Max. As it turns out, that was in his best interests.

I mention this scene as it pertains to the ideal that all of us should have the opportunity/obligation to express our wishes related to the extent of care we desire, life-prolonging measures and, ultimately, resuscitation.

Recently, Phillip Brownlee, executive director of the Medical Society of Sedgwick County, and I met with members of the steering committee of the TPOPP (Transportable Physician Orders for Patient Preference) initiative – Carolyn Harrison, Drs. Barbara Coats, Kimberly Hartwell and Terry Merrifield. The MSSC, along with Wesley Medical Center and Via Christi Health, were members of the initial steering committee.

The TPOPP principle is based on the belief that individuals have the right to make their own health care decisions as their lives near an end. The process starts with a conversation between patients or legal designee and their health care provider. The process culminates in a physician-signed bright-pink TPOPP form with the detailed wishes of the patient clearly outlined.



You should make the decisions, not someone like Miracle Max.

Anyone in an advanced stage of chronic, progressive illness or terminal illness should be offered the option of this signed form, outlining the individual's wishes and signed by his or her physician. Often, this would involve primary care specialists and their patients, but it can involve other specialists as well.

Any time the patient presents to a hospital or its emergency department, or is transferred from one health care facility to another, the signed form should be presented to assure patient wishes are followed.

In years past when most physicians admitted and rounded on their own patients, the knowledge of the existence of such a form would be easier. Increasingly, the patient is assessed and admitted by a hospitalist or is cared for by the medical director of a nursing facility who frequently will not have a long-term relationship with the patient.

To provide the best care for our patients, we should all be comfortable having the end-of-life discussion and documenting their requests. The MSSC has offered to work with the TPOPP committee and local hospitals to facilitate immediate recognition of the patient's wishes, presence of the TPOPP form and where to look for it once the patient is admitted. The form describes the patient's wishes regarding extent of care and resuscitative measures, and with the required physician's signature is designed to serve as a medical order.

All the local hospitals document advanced directive wishes of the patient, though in various locations in the EMR. Additionally, in many cases, the paper documents are scanned into the electronic record after dismissal.

As members of the MSSC, we should be supportive of the TPOPP initiative, and help our patients make and document their wishes.

Absent that effort, they may run the risk of meeting Miracle Max.

Technology is one barrier to TPOPP use; awareness, habits, hesitancy are others

A recent New York Times article highlighted how even if a patient puts their wishes about end-of-life care into writing, their best intents can just as easily get buried in an electronic medical record as the paper copy left behind at home when most needed.

In the article, “You've Detailed Your Last Wishes, but Doctors May Not See Them” by physician Daniela Lamas, the dying patient's wishes were honored – but just barely.

Transportable Physician Orders for Patient Preferences – the pink TPOPP form – is intended for patients in the last year of life with a terminal or chronic illness and sets out their wishes about the extent of care they desire. Since its launch as an MSSC-supported initiative in 2014 by TPOPP Wichita, awareness has grown, including through showings of Atul Gawande's “Being Mortal” documentary. MSSC members Drs. Terry Merrifield, Barbara Coats and Kim Hartwell are active on TPOPP's steering committee led by Carolyn Harrison.

“TPOPP is the second most important advance directive, after the durable power of attorney,” Dr. Coats said.

Overcoming interoperability issues with EMRs is important, as is standardizing how they flag advanced directives, Drs. Merrifield and Coats say. But improving EMRs is a technical problem, and no small one at that. The bigger, longer-term challenge is getting patients and physicians to have the care and end-of-life discussions in the first place. That will take building awareness and comfort with the discussions in the community, providing training and resources to doctors and others, and overcoming technical issues.

Dr. Merrifield encourages health care providers to consider the question: “What if there were a fairly simple way to greatly enhance the quality of care and life for your patients and the community?”

LEARN MORE

- TPOPPWichita.org has FAQs and other resources about the forms
- To order the TPOPP form, call the MSSC at 683-7557.
- Honoring Choices Massachusetts has free handouts for physicians providing suggestions on initiating discussions with patients. See www.honoringchoicesmass.com/resources/connect-quality-care/5-things-discussion-guides/

Would you be interested in that and be willing to talk with people about their values, goals, and preferences in their health care?”

Dr. Merrifield acknowledges the conversations can be difficult. Research shows that while three-quarters of physicians believe they should be the ones initiating end-of-life discussions, fewer than a third had any training to do so. She said discussions about health care durable power of attorney documents could serve as a gateway for doctors beginning uncomfortable talks with patients, as it involves a more straightforward legal discussion as opposed to the deeper values one of a TPOPP. In her practice, Dr. Merrifield made advance directive discussions a part of the annual physical.

Of course, filling out a TPOPP or any other directive is only helpful if the doctors or others treating a patient can see and know about it at crucial moments. For now, until EMRs and other modes of carrying that information improve, there's no replacement for a patient or their representative carrying copies with them. And, Dr. Coats said, it wouldn't hurt to take a picture of it with your phone so you – or your designee – have it right at hand.

Free skin cancer screenings May 5

Local dermatologists will hold a free Wichita Area Skin Cancer Screening Clinic on Saturday, May 5, at KU School of Medicine-Wichita, 1010 N. Kansas.

The clinic is from 8 to noon at the east entrance. Dermatologists and staff will screen for signs of skin cancer. If a lesion is determined to be suspicious, the patients will be referred to their primary care doctor to get a referral for treatment.

The 30th annual clinic is sponsored by the American Academy of Dermatology, the MSSC and KUSM-Wichita. For info, call 316-777-6104.

MEMBERSHIP

Members of the Society who know a good and sufficient reason why any of the following applicants are not eligible for membership are requested to communicate with the Medical Society of Sedgwick County, 683-7557

[BC] Board Certified [R] Residency
[F] Accredited Fellowship
[AT] Additional Training
[F*] Unaccredited Fellowship

NEW APPLICANTS

Charles W. Coffey, MD

[R] Internal Medicine
[R] Pediatrics
Freestate Connect
OFF: 500-7549 / FAX: 789-6210
4704 E Oakland St, 67218

Vu Thu Nguyen, DO

[BC] Family Medicine
Via Christi Clinic
OFF: 609-4501 / FAX: 636-4076
9211 E 21st St N 67206

ROSTER UPDATE

Keep your 2018 Roster current with this information:

CHANGES

TeamHealth
New Mailing address
11310 E 21st St N #53
Wichita, 67206

Ellen Borst, DO

Richard Liepins, DO

J. Michael Patton, MD

John Womack, MD

CORRECTIONS

Nataliya Biskup, MD

FAX: 688-7543

Rizwan Hassan, MD

NPI# 1174524003

RETIRED

James I. Fast, DO

DROPPED

John S. Thomas, MD

- moving out of area

Nicholas Tomsen, MD

Journal of Medicine in PubMed Central

The Kansas Journal of Medicine, put out by the KUSM-Wichita Office of Research, recently became available through PubMed Central. PubMed Central, a free archive of biomedical and life sciences literature, is a searchable database of the United States National Library of Medicine's extensive print journal collection.

The Kansas Journal of Medicine is the only statewide medical journal and publishes research, reviews, commentaries and cases studies, mostly from Kansas authors, including faculty residents and students. K. James Kallail, associate dean, said joining PubMed will make authors' works more widely available.

Pate chosen for 2018 Leadership Kansas Class

Dr. Brian Pate, chairman of the KUSM-Wichita Department of Pediatrics, has been selected for the 2018 Leadership Kansas Class by the Kansas Chamber.

Dr. Pate is one of 40 Kansans chosen for the program. It is intended to develop leadership skills, provide information on key state issues, inspire graduates to stay involved in the social, business and political fabric of their communities, and connect them with members of its alumni network. Through October, participants will take part in three-day topical sessions in communities across the state. MSSC member Dr. Stephanie Kuhlmann went through the program last year.



Doctors' Day *continued from page 1*

Timothy Shaver – participated in visits from March 28 through March 30, the official Doctors' Day.

All together, they spoke to about 225 students across eight classes at Independent School, West High, Trinity Academy, Wichita Collegiate and Northeast Magnet High School. Some came with prepared remarks or presentations but left plenty of time for students to fire away with questions.

As scrubs-clad general surgeon Dr. Peterson said to teacher Julia Fulbright's Human Body Systems class at Northeast Magnet High School, "The doctor is in. How can I help you?"

Dr. Peterson shared that he wasn't a great student in high school but knew he "wanted my life to mean something." To succeed in medicine requires learning to contend with failure – and learn from it. "I've yet to do a perfect operation, and I've done over 6,000," he said.

Students often inquired about the length of medical school. MSSC President Delmore gave the rundown – four years undergrad, four of med school, three or more of residency, possibly two or three of fellowship. "It seems like it's forever but you do get paid," he said, adding that's why "you want to pick something you want to do every day."

Dr. Delmore addressed a range of questions, from robotic surgery to health disparities to nursing to going to Texas A&M (his alma mater). And, in a common question, was asked about the portrayal of doctors on television. "It's not like on TV. There's not as much sex," he said, adding that close – platonic – friendships develop among residents.

At Collegiate, one of Brent Gehr's freshman biology classes heard from Dr. Shaver, a rheumatologist. He told how he grew up as a science-loving people person, and "medicine brought those things together." He explained how different interests and personality types were drawn to different specialties. Some doctors want to take care of everything, so family medicine



Drs. Dee Lochmann and Matthew Macaluso take questions at Wichita Collegiate.

is for them, while others like fixing things, so surgery is a good option. Dr. Shaver liked mysteries, so rheumatology was his choice.

Drs. Lochmann and Macaluso, psychiatrists on the KUSM-Wichita faculty, spoke to another group of Collegiate students of how they are both physicians and mental health professionals. Dr. Macaluso told how he enjoyed research and performing clinical trials, sharing an experience where a new, injectable anti-depressant drug "completely changed the lives of these people."

Dr. Lochmann shared that, "I love in-patient care. The brain is fascinating to me, as is seeing where the brain can take you."

"You save lives in psychiatry, and that's something people don't realize," she said.

In her session at the Independent School, Dr. Steere, a "science nerd" who went to medical school after working as a research chemist, noted you don't have to be a biology or chemistry major to enter medicine. It's more important to be a good writer and a good thinker willing to work hard.

Although it's not easy, particularly for women still, to balance work and family, it can be done, said Dr. Steere, a mother to three.

"You make it yours," she said, adding that you shouldn't avoid going into medicine "because you don't think you can have a normal life. You can."



COMING SOON
Heart Care will have 2 new locations in 2018

Heartland Webb



Heartland Derby



Heartland Cardiology will open two new state-of-the-art clinics in the second quarter of 2018.

- Heartland Webb will be located at 3535 N. Webb Rd. in Wichita.
- Heartland Derby will be located at 1719 E. Cambridge (corner of Rock Rd. and Cambridge) in Derby.

The two new clinics will join Heartland West located at 9000 W. Central in Wichita. All Heartland locations will offer the most patient-friendly experience possible with easy access, scheduling and comprehensive services.

(316) 686-5300 • www.heartlandcardiology.com

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Managing Editor: Phillip Brownlee, executive director

MSSC

Medical Society *of* Sedgwick County

Unable to participate in MSSC's election during the May 1 MSSC Membership Meeting?

You can still vote for the 2019 MSSC officers and board of directors candidates by completing the ballot below. Bylaws require this ballot must be signed and received in the MSSC offices by 5:00 PM Monday, April 30, 2018. Just send this page by ...

fax to: 683-1606

mail to: MSSC attn: Denise Phillips, 1102 S. Hillside, 67211

scan & email to: denisephillips@med-soc.org

President Elect (One-Year Term)

(Vote for One)

- Patricia Wyatt-Harris, MD
- Amy Sprole, MD

Secretary (One-Year Term)

(Vote for One)

- Christina Nicholas, MD
- Kevin Miller, MD

Treasurer (One-Year Term)

(Vote for One)

- Fadi Joudi, MD
- Shadi Shahouri, MD

Board of Directors (Three-Year Term)

(Vote for Three)

- Joel Alderson, DO
- Nicholas Brown, MD
- Howard Chang, MD
- Jennifer Jackson, MD
- Zachary Kuhlmann, DO
- Laura Tatpati, MD

Membership & Ethics (Three-Year Term)

(Vote for Two) Immediate past president also serves for three years after presidency.

- Thomas Moore, MD
- Krista Shackelford, MD

Name _____

Signature _____

MSSC Election of 2019 Officers: Ballot Information

President Elect Vote for 1



Patricia Wyatt-Harris, MD

Practicing with College Hill Obstetrics & Gynecology. MSSC member since 1985. Board certified in Obstetrics & Gynecology. Graduated from University of Kansas School of Medicine 1981, Residency at Wesley Medical Center 1985.

At the end of your year as President, what would you have hoped to achieve?

I hope to strengthen the MSSC and foster a community of doctors that work together to continue to provide excellent health care to Sedgwick County. We are very fortunate to have very competent physicians. The Society is one of the only places in which physicians can gather to talk to each other regarding day-to-day patient care and issues that impact our profession. Before the hospitalist model started we solved problems in the Doctor's Lounge. Now, I hope our society can provide a place for discussion, collaboration and action to improve relationships. I also want to attract younger physicians to participate. Learning from more experienced physicians continues past residency and the Society is a place this can happen.



Amy Sprole, MD

Practicing with Plastic Surgery Center. MSSC member since 2006. Board certified in Plastic Surgery. Graduated from Cornell University 2000, Internship & Residency at Presbyterian Hospital, NY 2006.

At the end of your year as President, what would you have hoped to achieve?

By the end of my year as president of the MSSC, I hope to achieve a much better understanding of the health care community that I am a part of. As a subspecialist plastic surgeon, I practice in a very small niche within the overall health care system, and I look forward to gaining a better understanding of the challenges that face other types of physicians in this community. I hope to contribute to the well-being of our medical community by identifying common concerns and interests that members of our group share, and that I might help to resolve or improve over the course of my tenure.

Secretary Vote for 1



Christina Nicholas, MD

Practicing with Kansas Surgical Consultants. MSSC member since 2010. Board certified in General Surgery. Graduated from University of South Dakota School of Medicine 2005, Residency at KUSM-Wichita 2010.



Kevin Miller, MD

Practicing with Associates in Women's Health. MSSC member since 2007. Board certified in Obstetrics & Gynecology and Female Pelvic Medicine & Reconstructive Surgery. Graduated from University of Kansas School of Medicine 1987. Residency at Wesley Medical Center 1991, Fellowship at the Center for Gynecologic Oncology and Pelvic Surgery 2007.

Treasurer Vote for 1



Fadi Joudi, MD

Practicing with Wichita Urology Group. MSSC member since 2010. Board certified in Urology. Graduated from American University of Beirut Medical School 1998. Internship at St. Louis University 1999, Residencies at University of Toronto 2001 and University of Iowa College of Medicine 2005, Fellowship at the University of Iowa College of Medicine 2006.



Shadi Shahouri, MD

Practicing with Arthritis Rheumatology Clinics of KS. MSSC member since 2005. Board certified in Rheumatology. Graduated from American University of Beirut Medical School 1998. Internship at American University of Beirut Medical School 1999, Residency at KUSM-Wichita 2003, Fellowship at University of Kansas School of Medicine 2005.

Board of Directors Vote for 3



Joel Alderson, DO

Practicing with Southcentral Pathology Laboratory. MSSC member since 2007. Board certified in Anatomic Pathology & Clinical Pathology and Hematology. Graduated from University of Health Sciences College of Osteopathic Medicine 2003. Internship at University of Missouri-Kansas City 2001, Residency at Baylor College of Medicine 2006, Fellowship at the University of Minnesota 2007.



Jennifer Jackson, MD

Practicing with KUSM-Wichita. MSSC member since 2011. Board certified in Internal Medicine & Hospice and Palliative Medicine. Graduated from KUSM-Wichita 2000. Residency at Wichita Center for Graduate Medical Education (WCGME) 2003.



Nicholas Brown, MD

Practicing with Wichita Surgical Specialists. MSSC member since 2012. Board certified in General Surgery. Graduated from University of Kansas School of Medicine 2006. Residency at Wichita Center for Graduate Medical Education (WCGME) 2011.



Zachary Kuhlmann, DO

Practicing with Associates in Women's Health, PA. MSSC member since 2008. Board certified in Obstetrics & Gynecology. Graduated from Oklahoma State University College of Osteopathic Medicine 2003. Residency at University of Kansas School of Medicine 2007.



Howard Chang, MD

Practicing with Via Christi Emergency Services. MSSC member since 2008. Board certified in Emergency Medicine. Graduated from University of Virginia School of Medicine 2005. Internship and Residency at Temple University 2008.



Laura Tatpati, MD

Practicing with Center for Reproductive Medicine. MSSC member since 2007. Board certified in Obstetrics & Gynecology and Reproductive Endocrinology/Infertility. Graduated from Creighton University. Residency at KUSM-Wichita 2004. Fellowship at May Clinic 2007.

CAST YOUR BALLOT

Vote for these positions at the MSSC's Tuesday, May 1, meeting or complete and refer to the various options for returning the ballot on the front.

Membership & Ethics Vote for 2

Immediate past president also serves for three years after presidency.



Thomas Moore, MD

Practicing with Infectious Disease Consultants. MSSC member since 1997. Board certified in Internal Medicine & Infectious Disease. Graduated from University of Kansas School of Medicine 1989. Residency at Baylor College of Medicine 1992. Fellowship at National Institutes of Health 1996.



Krista Shackelford, MD

Practicing with Dermatology Clinic. MSSC member since 2007. Board certified in Dermatology. Graduated from University of Kansas School of Medicine 2002. Internship and Residency at Indiana University School of Medicine 2006.