

MSSSC NEWS

Physician leadership at all levels emphasized at December meeting

The importance of local, state and national physician leadership – and the valuable links between the three levels – was a recurring theme at the final MSSSC membership meeting of the year on Dec. 8.

The evening wasn't limited to podiums and Powerpoints, though, as attendees had time to mingle and debate bids for the annual "Wine with a Purpose" silent auction benefiting Project Access. By the time bidding closed, the fund-raiser featuring physician-donated vintages had raised \$3,895.

During the evening, Dr. Estephan Zayat publicly assumed the 2016 president's office from Dr. Paul Huser, trading a gift for a gavel and telling Dr. Huser: "Thank you for your strategic thinking and continuing legacy."

Dr. Jay Gilbaugh, president of the Kansas Medical Society and 2006 MSSSC president, provided an update on the state of state medicine. He spoke of Kansas' favorable legal environment, how the Kansas Health Information Network is a model for other states and of issues likely to arise in Topeka, such as KanCare expansion and the role and regulation of nurse practitioners. Telemedicine will continue to grow, he said, and illustrated the need to handle it thoughtfully with the observation that an offer to "Skype with a physician for \$49" wasn't any more reassuring than one to "paint any car for \$99."

Dr. David Barbe, a Missouri family practitioner and immediate past president of the American Medical Association's Board of Trustees, brought a national perspective on medicine while recalling his training in Wichita. Depending on whether he's standing in Kansas or Missouri, Dr. Barbe said, his three years here were either the "best of our lives" or "the only dark blot" on his career.

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KMS president Dr. Jay Gilbaugh, 2015 MSSSC President Dr. Paul Huser, Dr. David Barbe of AMA and 2016 MSSSC President Dr. Estephan Zayat.



Dr. Fadi Joudi and Dr. David Barbe of AMA.

Fellowship teaches Dr. Joudi a great deal

For Dr. Fadi Joudi, being the Kansas Medical Society's Jimmie A. Gleason Fellow is an experience that has increased both his knowledge of the issues and his appreciation for physician-leaders.

Dr. Joudi, secretary of the MSSSC, became the Fellow in May 2015. The fellowship, which honors the Topeka OB/GYN who founded KaMMCO, is designed to cultivate young physician leaders in Kansas.

Dr. Joudi, a urologist, said the duties include going to quarterly KMS board meetings as well as to the American Medical Association's annual, interim and advocacy meetings.

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First MSSSC General Membership Meeting of 2016

"WHAT TO KNOW: Supervising Physician Extenders"

Tuesday Feb. 9, 5:30 – 7:15 p.m.

Wichita Country Club 8501 E. 13th St.

No fee! CME credit available

Discover the legal obligations and requirements of working with physician extenders and learn what you must do to protect yourself when supervising other providers. Anthony Singer, attorney with Woodard, Hernandez, Roth & Day and adjunct professor with Friends University, presents this lecture as part of the Center for Professional Business Development team spearheaded by Dr. David Norris. You don't want to miss it!

*Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as Category 1.

RSVP by Friday, Feb. 5 to: denisephillips@med-soc.org **or** 683-7558

KUSM-W students and residents may attend as guests of WPPA ProviDRs Care.



**January
2016**

Physicians
who care for ...
our patients,
our community,
and our profession.

MSSSC
MEDICAL SOCIETY of
SEDGWICK COUNTY

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January President's Message



by Estephan Zayat, MD —

I am humbled and privileged to serve as president of the MSSC. Many members of this organization have taught and mentored me over the past 25 years: initially as a resident and later as a practicing physician. For that I am eternally grateful and welcome the opportunity to give back by serving.

Great things are happening at the MSSC. We have a terrific team under the leadership of Jon Rosell and the guidance of a stellar board of directors. Your input is very important for the well being of our patients, the medical profession and ultimately you. I invite you to get involved.

The MSSC also provides an opportunity to network with your colleagues and share common concerns and solutions. The regular social events are a welcome time to do all that in a very informal and enjoyable manner. Get involved!

As I begin my year as president, I find guidance in the Medical Society's mission statement: *The mission of the Medical Society of Sedgwick County is to promote the highest standards of ethical medical practice, medical education, research, and community health.*

As it should, the work of the Medical Society and its affiliates embody that statement.

The Central Plains Health Care Partnership and Project Access coordinate physician-donated care to the vulnerable in our community. Similarly, HealthICT is working to improve overall community health by lowering rates of obesity, diabetes, heart disease and stroke through a multipronged approach.

Other affiliates directly deliver resources that physicians need to operate their practices professionally and efficiently. ProviDRs Care is the state's only doctor-owned PPO, while the Wichita Health Information Exchange helps physicians smoothly access patient information and Medical Provider Resources handles all-important credentialing and other practice support services.

Among our physician-led efforts are ones involving sports concussions, EMS, maternal infant health and, soon, children's health. Some of these efforts are local and within the medical community. Others require a statewide or even a national outlook.

This year, many issues we care about as physicians and as residents of the community will arise in the Legislature and on the campaign trail. The annual legislative session is under way, and our legislative committee is already at work to ensure that the voice of the physician is heard in Topeka and that doctors influence events instead of just react to them.

It is an election year as well, providing opportunities for us to inform and support legislative candidates. The Medical Society's political action committee, SedgPAC, delivers the resources those efforts require. Supporting it is another way to get involved!

The efforts and initiatives described above are a healthy list, but you might be asking what can the MSSC do for you and your practice. I would like to hear your thoughts and questions along those lines. Please send me a line or two on how we can serve you better.

With the vision and hard work of generations of physicians, the MSSC is healthy, vibrant and well positioned for the times ahead. Our future is bright. You are an important part of it.

Get involved!

EMS committee alters pediatric routing

The MSSC EMS Physicians Advisory Committee recently approved changes in routing that make Wesley Medical Center the preferred destination for nearly all pediatric patients.

The decision affects all pediatric patients but those suffering from both burns and blunt or penetrating trauma. In those cases, EMS crews in the field will decide whether Wesley or the Via Christi Burn Center is the best choice.

Since 1980, as designated by state law, the MSSC advisory committee has established EMS protocols for Sedgwick County. The protocols are followed by 16 EMS systems in the region.

The committee, chaired by Dr. John McMaster, left routing protocols for adults unchanged.

Dr. Joudi *continued from page 1*

He's found the national meetings engaging, as he's had the chance to contribute to discussion on the issues. At the meetings, the Kansas delegation divvies up the sessions to attend, then delegates report back on what they've learned. "When you read those resolutions, you get to learn the process and get involved," he said. "It's been an eye-opening experience for me."

"The main thing is getting to learn health care policy and learn what are the challenges facing the doctors and knowing what the AMA and the KMS are doing to advocate for doctors," he said. "For example, on a national level I got to learn about ICD-10 and the role the AMA played in having a one-year grace period."

He's also seen the time and commitment it takes to be a physician-leader. Married to pediatric gastroenterologist Lana Hattar and the father of two young boys, he knows well the difficulty of making room into an already busy schedule.

"They are taking time away from family and work for the betterment of medicine," he said of leaders. "Somebody has to do this, and you can be passive and say someone is doing it for me. But the truth is you have to be involved in helping to shape your destiny."

New faces at the office

Receptionist **Robbin Smith** is the new face of the Medical Society and its affiliates. She came aboard in early December, after 13 years with Child & Family Eyecare, a West Wichita optometric practice.

Craig Sangals joined ProviDRs



Care in late November as director of contracting and network development, responsible for the providers relations department and for all provider contracting. Sangals has 13 years of experience with large insurers, including United HealthCare, Preferred Health Systems and Coventry Healthcare. He's looking forward to again be working closely with providers.



Kuhlmann named Meek award winner

Zachary Kuhlmann, DO, is this year's recipient of the Dr. Joe Meek Young Physician Leadership Award.

Dr. Kuhlmann, who has practiced with Associates in Women's Health since 2007, is medical director at Wesley Women's Clinic and associate program director of the OB/ GYN Residency at KU School of Medicine-Wichita. He also serves on the MPR Board of Directors and is an active leader on the MSSC Safe Sleep Task Force. The award recognizes emerging leaders among doctors 40 or younger and seeks to develop future MSSC leaders. It honors former KUSM-W dean Dr. Joe Meek and his career promoting organized medicine and medical education. Kuhlmann will attend MSSC board meetings and take part in other leadership development activities throughout the year.



In Remembrance

MSSC extends its condolences to the families of Dr. Helena and Dr. Weber.

Anesthesiologist **Wesley Dean Helena** died Dec. 6, 2015. Dr. Helena graduated from the University of Kansas School of Medicine in Kansas City in 1988. He completed his internship in Kansas City in 1989 and his residency in Wichita in 1992. He began practicing medicine in Wichita with Mid-Continent Anesthesiology and later practiced with Cypress Anesthesia. He had served as chairman of the Department of Anesthesiology at KU School of Medicine-Wichita and as medical director for Sedgwick County EMS.



Retired internist **Hugo Weber, MD**, died Dec. 1, 2015. Dr. Weber graduated from University of Colorado School of Medicine in Denver in 1966. He completed his internship from Milwaukee County General Hospital in Wisconsin in 1967, served in the military as a surgeon and then finished his training at Milwaukee County General Hospital, completing residency in 1971 and his fellowship in 1973. He began practicing medicine in Wichita in 1973 and co-founded Kansas Nephrology Associates. He retired in 2006.



MEMBERSHIP

Members of the Society who know a good and sufficient reason why any of the following applicants are not eligible for membership are requested to communicate with the Medical Society of Sedgwick County, 683-7557

[BC] Board Certified [R] Residency
[F] Accredited Fellowship [AT] Additional Training
[F*] Unaccredited Fellowship

NEW APPLICANTS

Molly A. Carroll, MD
[R] Obstetrics & Gynecology
College Hill OB/GYN
OFF: 683-6766 / FAX: 683-1342 / 3233 E Second St 67208

Wenny Jean, MD
[BC] Family Medicine
Kansas Physicians Group
OFF: 260-1690 / FAX: 260-1691 / 2600 N Woodlawn 67220

Densey A. Matthew, MD
[BC] Pediatrics
GraceMed Health Clinic
OFF: 866-2000 / FAX: 866-2084 / 1122 N Topeka 67214

Meeta M. Sheth, MD
[BC] Anesthesiology
[F-a] Cardiothoracic Anesthesiology
Cardiovascular Anesthesia of Wichita
OFF: 630-5075 / FAX: 630-5050 / 3601 N Webb Rd 67226

John S. Thomas, MD
[BC] Neurology
[BC] Clinical Neurophysiology
[BC] Sleep Medicine
[BC] Vascular Neurology
Via Christi Clinic – Carriage Parkway
OFF: 651-2250 / FAX: 685-9391 / 818 N Carriage Parkway 67208

Brenda Westhoff Haman, DO
[BC] Gastroenterology
[BC] Internal Medicine
Kansas Gastroenterology
OFF: 261-3130 / FAX: 261-3275 / 3121 N Webb Rd 67226

Beryl F. Yaghmai, MD
[BC] Pediatrics
[F] Pediatric Critical Care
Wesley Medical Center – Pediatric Critical Care
OFF: 962-3304 / FAX: 962-2152 / 550 N Hillside 67214

SAVE THE DATE: Health equity forum

A March 31 forum at the Kansas Leadership Center in Wichita will look at health disparities and innovative ways to reduce them in both urban and rural areas. CME credit will be available for the 7:30 a.m. to 5 p.m. event.

Sponsors of "Achieving Health Equity in Kansas: Where Do We Go From Here?" include KU School of Medicine-Wichita and the Kansas Health Foundation. To register or learn more, visit www.kumc.edu/ce.

ROSTER UPDATE

Keep your 2016 Roster current with this information:

CHANGES

Laurie Coyner, MD
800 Medical Center Dr 2nd Floor
Newton, KS 67114
Pager: 316-283-2700
Ph/Fx remain the same

Ben Davis, MD
McConnell Air Force Base
OFF: 759-6300 / FAX: 759-6030
57950 Leavenworth St S-250 67221

Pat Do, MD
Remove El Dorado Address

M. Saad Farhat, MD
1715 Medical Parkway S-110
Newton, KS 67114
Ph/Fx remain the same

Steven Hutchinson, MD
OFF: 858-5000 / FAX: 494-6885
Toll Free: 866-858-5001
9350 E 35th St N S-103 67226

Richard Miller, MD
9390 E Central S-101 67206
Ph/Fx remain the same

Claudia Wendell, MD
Primary Care Associates
OFF: 684-2851 / FAX: 683-5239
7111 E 21st St S-A 67206

CORRECTIONS

Stephen Grindel, DO
FAX: 683-5239

BOARD CERTIFICATIONS

Cassandra Gerlach, MD
[BC] Family Medicine

Lina Huerta-Saenz, MD
[BC] Pediatrics

David Hufford, MD
[BC] Occupational Medicine

RETIRED

Val Creswell, MD
Howard Day, MD
R. David Gile, MD
Herbert Kadison, MD
Robert Soltz, MD

DROPPED

Mary Goodwin, MD
Saleem Shahzad, MD – moved out of state
Aveekshit Tripathi, MD

MSSC NEWS

MEDICAL SOCIETY of SEDGWICK COUNTY 1102 South Hillside • Wichita, KS 67211
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Managing Editor: Jon Rosell, executive director

Wichita State honors one of its own: Donna Sweet

Dr. Donna Sweet, 2014 MSSC president, earned yet another honor for a career dedicated to treating AIDS patients: an honorary doctorate from her alma mater, Wichita State.

Dr. Sweet received the doctorate – the first honorary degree granted by WSU since 1988 – and also was bestowed the university’s President’s Medal.

As part of the honors, she spoke at WSU’s fall graduation in early December. “It is simple truth but one often difficult to accept: we all need help sometime,” she told graduates. “Being the person to provide help to others, no matter how small, is one of the greatest experiences in life.”



Opioid use is focus of MSSC initiative

The Medical Society is developing an initiative to provide education, resources and new protocol recommendations regarding opioid use by patients suffering from pain.

Drawing on local expertise, the initiative will be designed to improve the level of care as well as increase physicians’ comfort level on handling the issue. The MSSC plans to offer a free CME program on opioids in coming months.

Noting 16,000 deaths in 2013 and a 300 percent increase in opioid prescriptions since 1999, the Centers for Disease Control and Prevention has released draft guidelines for prescribing opioids, a proposal that has generated extensive discussion. Public comments period on the guidelines closed this month. In addition, an American Medical Association task force has been working to reduce the use of prescription opioids.

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Matching grant funds dental care for Project Access patients

An anonymous donor offered \$12,500 to fund dental care for Project Access patients – if the Central Plains Health Care Partnership’s board members personally matched the amount.

Board members proved up to the challenge at their December meeting, together donating the \$12,500 that makes a total of \$25,000 available, said Mick Cayless, Central Plains’ development director. “The board members are stepping up with their treasure to support the program,” he said.

Currently, 13 dentists and oral surgeons volunteer their services to Project Access, and the grant will offset costs such as dentures, replacement teeth and other care. Often, dental conditions must be remedied before Project Access providers can safely perform surgery or deliver other needed care. For the donor, “it’s an opportunity for them to see the good they’re doing be matched,” Cayless said.



December meeting *continued from page 1*

Saying that the AMA’s mission was much more than just advocacy, Dr. Barbe described three of the organization’s focus areas: improving physicians’ professional satisfaction and the sustainability of their practices, changing how medical education is delivered, and improving health outcomes through programs targeting diabetes and cardiovascular disease. One diabetes reduction partnership he mentioned, with the YMCA, has a local component involving MSSC affiliate HealthICT.

Dr. Barbe drew parallels between the roles of the MSSC, KMS and AMA. For doctors at each level, “we are the convener. ... We have to become more united to be an effective voice,” and that requires coordination. “It doesn’t work if we are not aligned.”