

# MSSSC NEWS

## Sedgwick County Commission to consider okaying e-cigarettes

Sedgwick County Commissioner Jim Howell intends to propose approval of electronic cigarettes use in all County-owned buildings in an upcoming meeting. He cites public confusion about using e-cigarettes or “vaping” public in buildings following the 2014 ruling by Kansas Attorney Derek Schmidt that e-cigarettes are not covered under the state’s Indoor Clean Air Policy.

On September 29, Commissioner Howell told KAKE News that e-cigarettes “shouldn’t be lumped into the same category as regular, tobacco cigarettes. Legitimate studies out there that have really looked at this carefully have no evidence to show this is actually harmful to people’s health.” He also believes e-cigarettes can provide smokers a chance to quit. “Even if there is a harm, compared to tobacco it’s miniscule,” he said.

The medical community — both locally and nationally — disagree with this position.

“I think e-cigarettes should be treated similarly to traditional cigarettes until good quality studies show differing results,” said MSSC president Dr. Paul Huser. “There have not been adequate studies to prove the safety to the e-cig smoker or those exposed to their secondhand vapors. Many concerns exist about the health risks of nicotine and other chemicals in a nebulized delivery system. Additionally, why encourage people, especially young people, to take up an activity that is nothing more than an emulation of smoking, thus reinforcing this unhealthy behavior?”

The American Academy of Family Physicians recently announced that “current evidence is insufficient to recommend vaping devices for tobacco cessation in adults.” AAFP recommends the use of FDA-approved medications along with behavioral counseling and products such as the patch, gum or lozenge. In particular, pregnant women should be discouraged from using e-cigarettes because of potential harm to the unborn child.

The American Medical Association has called for all electronic cigarettes to be subject to the same regulations and oversight that the FDA applies to tobacco and nicotine products. They AMA particularly urged the FDA to implement proposed rules that deter the sale of electronic cigarettes to anyone under the age of 21 and prohibit claims that electronic cigarettes are effective tobacco cessation tools.

Several communities in Kansas, including Overland Park, Topeka and Olathe, have taken an opposite position to Commissioner Howell’s and acted to ban e-cigarettes in public places. Legislation to add e-cigarettes to the Kansas Indoor Clean Air Policy ban is likely to surface during the 2016 Legislative Session.



October  
2015

Physicians  
who care for ...  
our patients,  
our community,  
and our profession.

**MSSSC**  
MEDICAL SOCIETY OF  
SEDGWICK COUNTY

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**The Kansas Medical Society, in partnership with MSSC, is offering a new benefit to members: DocBookMD, an app that allows physicians to exchange patient information securely via text messages. DocBookMD went “live” for Kansas physicians October 12.**

**Information about DocBookMD can be found on the insert in this issue of MSSC News. Call MSSC at 683-7558 for additional information.**

## Health ICT partnering with docs to improve patient outcomes

Interacting with physicians and other providers to improve the management of diabetes, hypertension and heart disease in Wichita-Sedgwick County is a key component of Health ICT, the MSSC-coordinated program funded by a KDHE grant. Tackling this assignment are Dr. Justin Moore, medical advisor and Dr. Phil Montgomery, program coordinator— health systems.

Below is an outline of a few of the activities underway:

- Health ICT is partnering with **Synovim Healthcare Solutions** to determine if the EMR systems used by the grant’s clinic partners have the workflow and tools in place for managing prediabetic and hypertensive patients. Data analyzed by Synovim can help implement Quality Improvement (QI) initiatives at the Health ICT partner clinics that currently includes Via Christi Family Medicine Residency, Wesley Family Medicine Residency, KU Center for Adult Medicine, West Wichita Family Physicians and Wichita Family Medicine Specialists.

“We plan to add more partners in 2016,” said Dr. Montgomery. “Any physician practices interested in learning more about participating can contact me at [PhilMontgomery@med-soc.org](mailto:PhilMontgomery@med-soc.org).”

Synovim is a not-for-profit organization sponsored by the Kansas Foundation for Medical Care and the Kansas Association for the Medically Underserved to help assist Kansas providers with HIT and quality improvement needs.



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## October President's Message



Guest columnist **Tim Scanlan, MD** —

*According to the American Medical Association, 44 prescription opioid-related deaths occur every day. This is truly a national crisis, one that all physicians should be aware of and work to prevent.*

*I am aware pain management is a difficult challenge for physicians, especially because there is no reliable test to quantify how much pain a person*

*truly is in. An honest collaboration between a physician and the patient suffering with chronic pain is a goal we should all strive to achieve.*

*With increased attention on this important issue, I invited one of our esteemed colleagues, past MSSC president Dr. Tim Scanlan, to share his perspectives. Although no longer living in Wichita, Dr. Scanlan spent many years serving our community and helping many of our patients suffering with addiction issues.*

*I encourage all MSSC members to avail themselves of the various tools and resources available to prevent opioid abuse, including those accessible at [ama-assn.org](http://ama-assn.org). Please contact MSSC at 683-7558 for further assistance.*

— Dr. Paul Huser, 2015 MSSC President

**P**rescription drug abuse has been a specter in our communities and for the practice of medicine for 20 years. Recently, the number of overdose deaths, diversion of prescription medication and increased demand for pain relief has skyrocketed. Almost 15 million Americans admitted to nonmedical use of prescription-type psychotropics in the past year, and most of those (10.3 million) abuse opioid pain medication. Other drugs of abuse include benzodiazepines, other sedative-hypnotics and stimulants. While physicians are frequently a source of these abused medications, people report getting them from family and friends, from street sources and from internet purchases. For teens, it is often from their parent's medicine cabinets.

Widespread efforts to control this problem have at best slowed the increase. These efforts include the development of the prescription drug-monitoring program, re-scheduling some medication, re-formulation of some dose forms and an emphasis on educating physicians and the public to raise awareness.

Increased prescriber education and improved access to treatment was part of an October 21 announcement by President Obama that outlined a variety of federal, state and private sector activities aimed at addressing this national priority. More than 40 medical provider organizations have signed on to participate.

What can physicians do now? First of all, **be a careful, thoughtful prescriber**. Pain relief is important, and opioids are often appropriate, but we must also ask ourselves if hydrocodone really should be the most prescribed medication in this country. **Only prescribe for patients you know and have evaluated.**

Careful, systematic patient evaluation is certainly important but there are things we can do to protect our practices:

- Monitor your patients who are on controlled substances, using urine drug testing.
- Reference K-TRACS regularly.
- Be familiar with published guidelines on pain management.
- Use tamper-proof prescription pads and keep them secure in your office.
- Communicate with pharmacists.
- Educate yourself about this problem and its solutions. The AMA, AAFP, ACP, ACS, and several pain management societies are sources of online CME programs on pain management.

What role can our Medical Society play?

- MSSC can sponsor educational programs for all levels of providers in the area.

- MSSC can coordinate collaborative efforts with pharmacists and the K-TRACS committee.
- MSSC can track complaints and concerns from providers and patients and develop a network of providers who can review and advise regarding these issues.
- A journal club could meet regularly to stay up to date on this issue and share relevant new information with our membership.
- We also need to work with KUSM-W and the residency programs to enhance training of students and residents in the proper prescribing of controlled substances.

We all can and should play our part to help resolve this problem, while continuing to provide quality care to our patients.

For more information about the October 21 announcement on national efforts to address prescription drug abuse and heroin use, visit [www.whitehouse.gov/the-press-office/2015/10/21/fact-sheet-obama-administration-announces-public-and-private-sector](http://www.whitehouse.gov/the-press-office/2015/10/21/fact-sheet-obama-administration-announces-public-and-private-sector)

## Health ICT *continued from front page*

- Health ICT is promoting the use of **TWINE**, an app that connects a patient with his/her physician and a "health coach" (often a RN). The patient and the physician work together to create a care plan for disease management (hypertension, obesity or prediabetes) that is coordinated via TWINE. For instance, the patient can periodically log blood pressure or blood glucose levels and check off daily lifestyle goals (10k steps, 5 fruit/veggie servings, etc.) using TWINE. And the care team health coach can use the app to talk with the patient.

"HealthICT is piloting the use of TWINE at some of our partner clinics and assisting with some of the costs of subscription and FTE support. Our hope is that we can show the benefit of this app in making it easier to manage chronic care and improve patient outcomes," said Dr. Montgomery.

- Physicians at Health ICT's partner clinics are encouraged to refer their prediabetic patients to the **YMCA's Diabetes Prevention Program (DPP)**, a year-long lifestyle intervention program where prediabetics attend weekly classes for 16 weeks and then monthly follow-ups for the rest of the year with the goal of losing 7% of their body weight and increasing physical activity to 150 minutes per week.

"We also are working with 4th year medical students in KUSM-W's Population Health in Practice course who are helping local clinics identify prediabetic patients and refer them to the YMCA's DPP," explained Dr. Justin Moore. "Our first team of students just completed their intervention design and will begin screening patients in November.

- **KHIN** is piloting a project to get data back to individual provider offices to identify gaps in patient care.

"This data will include things that we're interested in, like diagnoses of hypertension, obesity and pre-diabetes, but also mammography, vaccinations and colon cancer screening," said Dr. Montgomery.

"The shift to value-based care is inevitable," said Dr. Moore. "Payers are actively making policy decisions to discourage fee-for-service for chronic disease management. This is a painful transition, but the data indicates that it will make both the practice of medicine and the care delivered better in the long run through Health ICT. We're hoping to help physicians with the transition over the next few years as it relates to pre-diabetes, obesity, and hypertension."

## EVENT CALENDAR

**Saturday Nov. 21 9:30 a.m. – 1:00 p.m.**

**Survivors of Suicide Loss Day**

**hosted by Sedgwick County Suicide Prevention Coalition**

**Via Christi Hospital, 3600 E. Harry. Lunch provided**

**RSVP to [denise.vandorn@viachristi.org](mailto:denise.vandorn@viachristi.org) or 858-0216**

## Meek Leadership Award deadline near

There is still time to nominate an emerging physician leader to receive the 2015 Dr. Joe Meek Physician Leadership Award. This award is intended to foster leadership within the cadre of young physicians aged 40 years or younger practicing medicine in Wichita and to develop future MSSC leaders. It honors Joseph Meek, MD and his distinguished career promoting organized medicine in Wichita and Kansas.



Nominees should possess a desire to develop their knowledge base and leadership skills by participating in various local, state and national leadership-building events throughout the year. A demonstrated commitment to make a significant leadership contribution to the practice of medicine is a key component to include in the nomination of a young physician.

**The deadline to submit nominations is November 13.**

Contact Denise Phillips at [denisephillips@med-soc.org](mailto:denisephillips@med-soc.org) or 683-7558 for an application form.

## News from KHIN

### KHIN is Carequality Pilot Site



KHIN has been chosen to participate in a pilot to test national connectivity sponsored by the Sequoia Project, formerly the Nationwide Health Information Network (NwHIN) and Healthway. The pilot – called Carequality – was formed under Healthway with an ambitious goal to tie together the many valuable health information exchange activities occurring throughout the country and solve the final mile of interoperability. The ultimate mission is to create a system much like the ATM network in banking, where health care organizations will be able to share information securely over the internet, regardless of the specific technology platform or network they use.

Other pilot participants include: Coordinated Care of Oklahoma, eClinical Works, EPIC, Greenway, HIETexas, InterMountain Health-care, Kaiser Permanente, NetSmart, SureScripts and Utah Health Information Network

### KHIN Image Sharing Pilot

In July, KHIN launched its image sharing pilot at 10 sites. These sites all agreed to provide feedback about the value and applicability of sharing DICOM radiology images between providers and patients. Managing and sharing radiology images has proven to be a difficult task for many hospitals and clinics resulting in costly redundancies, delayed diagnoses and frustrations for both patients and providers.

KHIN has contracted with Offsite Image Management to offer a new way to share images using a cloud-based, cost-effective method of sharing radiology exams called Virtual CD that removes CD burning from the process. Rather, it introduces a method that allows providers to use a secure URL to upload or gain access to radiology images stored in the cloud. In addition, Virtual CD can be integrated as part of DIRECT messaging because the image is stored in a vendor neutral format, removing roadblocks between hospitals or physicians using disparate systems.

### 2016 Blue Cross Blue Shield QBRP Incentive Payments

Blue Cross Blue Shield of Kansas announced its new incentive payment model for 2016 for eligible providers and hospitals that includes 1.5% for providers who query patients in KHIN at least 60 times a quarter. This year, BCBSKS also includes additional incentive payments for providers who are sending discrete data in real time to KHIN, including patient demographics, visit information, diagnosis, procedures, lab results, progress notes and medications. A total of a 6% incentive is available for providers who send all of the data sets to and query KHIN.

## In Remembrance

Family medicine physician **Rolland Enoch, MD** died October 1, 2015. Dr. Enoch earned his medical degree at Universidad Autonoma de Guadalajara in Mexico in 1976. He completed his internship in 1978 and his residency in family medicine in 1980, both at Wesley Medical Center. Dr. Enoch began practicing medicine in Wichita in 1981. He served as president of the medical staff at Wesley Medical Center and Wesley Rehabilitation Hospital. His service to the Medical Society including membership on the Public Health Commission and the Public Relations and Policy Committee.



## MEMBERSHIP

Members of the Society who know a good and sufficient reason why any of the following applicants are not eligible for membership are requested to communicate with the Medical Society of Sedgwick County, 683-7557

[BC] Board Certified [R] Residency [AT] Additional Training  
[F] Accredited Fellowship [F\*] Unaccredited Fellowship

## NEW APPLICANTS

### Emily J. Duethman, DO, MPH

[R] Internal Medicine  
Sound Physicians  
OFF: 268-7000 / 929 N St Francis 67214

### Luke G.L. Records, DO

[R] Family Medicine  
Family Health Center  
OFF: 788-3741 / FAX: 788-5198 / 1410 N Woodlawn / Derby 67037

### Joshua J. Tibbe, MD

[BC] Family Medicine  
GraceMed  
OFF: 866-2000 / FAX: 866-2084 / 1122 N Topeka 67214

### Paul G. Wilhelm, MD

[BC] Family Medicine  
Lakepoint Family Physicians  
OFF: 636-2662 / FAX: 636-2685 / 8020 E Central S-200 67206

## ROSTER UPDATE

Keep your 2015 Roster current with this information:

### CHANGES

#### Jared Johnson, MD

Atlas MD  
OFF: 854-3526 / FAX: 854-3511  
7570 W 21st St N Bldg 1042 S-A 67205

#### Antonio Osio, MD

Clifton Family Medicine  
OFF: 682-6551 / FAX: 682-8151 / 201 S Hillside 67211

#### Michael Palomino, MD

Atlas MD  
OFF: 854-3526 / FAX: 854-3511  
7570 W 21st St N Bldg 1042 S-A 67205

### RETIRED

#### Steven Chavez, MD

#### Thomas H. Estep, MD

### DROPPED

**Shaun Gonda, MD** *moved to Wyoming*

**Joseph Kazanchi, MD** *moved to California*



MSSC president Dr. Paul Huser (center) and MSSC past president Dr. Richard Shaw (right) welcomed John Hyde, PhD (left) as guest speaker during the Oct. 13 joint meeting of the Jager Club and the Medical Society. Mr. Hyde regaled the audience with stories of the life and times of his grandfather A.A. Hyde, Wichita businessman and founder of Mentholatum. The success of "The Little Nurse for Little Ills" enabled A.A. Hyde to become one of Wichita's greatest philanthropists.



## News from KUSM-Wichita

**G**arold Minns, MD, dean of KUSM-Wichita, has been elected a Master Fellow in the American College of Physicians, the national professional organization of internists and the largest medical specialty organization in the U.S. Dr. Minns, a 1974 KUSM-W graduate, has served on the faculty since 1980. He also currently serves as program director for internal medicine and associate dean of student affairs.



## Calling all physicians!

Time to get your annual flu vaccination. For quality and patient safety, it is vital that physician practices join their hospital partners in adopting 100% compliance. Unvaccinated health care workers can transmit the flu to patients and infect their colleagues.

**Don't delay. Do it today.**

### Don't forget!

**MSSC Membership Meeting & Wine with a Purpose Silent Auction**

**Tuesday Dec. 8 5:30 – 7:00 p.m.**

**new location! Noah's Event Venue, 1550 N. Lindberg Cir. (north of Bonefish)**

**Featuring David Barbe, MD, AMA Board of Trustees member**

# MSSC NEWS

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MSSC  
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